

(様式1)

公益社団法人日本栄養・食糧学会 候補者研究業績

<学 会 賞>

1. 候補者

研究題目:(和)	わが国の生活習慣病の予防・治療に関する栄養疫学的研究		
(英)			
氏 名:(和)	曾根 博仁		
(英)	Hirohito Sone		
所属機関:(和)	新潟大学大学院医歯学総合研究科 血液・内分泌・代謝内科学分野 教授		
(英)			
学 位:	博士(医学)	最終学歴:	筑波大学 医学専門学群(1990.3 卒)
専門分野	① 栄養生理学、②栄養生化学、③分子栄養学、④公衆栄養学、 ⑤臨床・病態栄養学、⑥食生態学、⑦調理科学、⑧食品化学・食品分析学、 ⑨食品機能学、⑩食品工学、⑪食品加工・流通・貯蔵学、⑫食品衛生・安全学、 ⑬生理学、⑭生化学、⑮分子生物学、⑯臨床医学(内科系)、 ⑰臨床医学(外科系)、⑱その他		
履 歴	1990 年 筑波大学 医学専門学群 卒業 1990 年 筑波大学附属病院 内科 研修医 1997 年 米国ミシガン大学 代謝内分泌内科 研究員 1999 年 筑波大学臨床医学系 代謝内分泌内科 講師 2006 年 お茶の水女子大学生活科学部 食物栄養学科 准教授 2009 年 筑波大学水戸地域医療教育センター 内分泌代謝・糖尿病内科 教授		
		入会年度:	平成 16 年度

2. 研究業績要旨(1,000 字以内)

候補者は長年、糖尿病や肥満、脂質異常症、動脈硬化疾患など生活習慣病患者を対象としたわが国の大規模研究に携わり、日本人に特徴的な病態や生活習慣を背景とした多数の栄養疫学エビデンスを確立し、この分野に貢献をしてきた。20 年以上に及ぶ研究歴において生み出された多くの成果は、内外の診療ガイドラインにも多数採用されている。

候補者はまず、日本人糖尿病のエビデンスがほとんどなかった時代から、わが国の大規模研究の先駆けとなった Japan Diabetes Complications Study (JDACS) の中心的研究者として、肥満度や様々な食品(群)・栄養素と合併症との関わりを示すエビデンスについて欧米人糖尿病患者との違いを含めて解明し、多くの国際的な high quality journal に発表した。これらは現在重視される個別化ケアの基盤となる ethnic group-specific diabetes care の必要性を確立したものと評価されている。

候補者は、主任研究者も務めたこの JDACS の他にも、その姉妹研究である J-EDIT を始めとする JDDM、JDCP、TOPICS、NIWELL など、わが国を代表する大規模研究においても研究代表者、理事、委員、アドバイザーなどを務めつつ、多数の栄養疫学研究を発表してきた。最近では、その成果を活かし、AI を含む食事栄養アプリなどを予防や治療に役立てる研究についても成果を挙げつつある。

このような長年の研究の結果、英文原著論文は 400 本(多数につき下記に一部のみ掲載)、引用総数は 23000 回を超え、本分野の研究に大きなインパクトを与えてきた。さらに、その門下からは 2 名の教授を含む多くの若手栄養学教員・研究者が輩出し、この分野における人材育成にも貢献してきた。また候補者は、日本栄養・食糧学会の業務執行理事、学会誌 JNSV の副編集長、倫理審査委員会委員長、利益相反委員会委員長などを含む多数の職責を通し、学会活性化および栄養・食糧学の発展にも貢献してきた。

この度ご推薦を頂戴し大変有難く存じておりますと共に、候補者として、これまでの本分野における歩みを上記のようにまとめさせていただきましたので、ご高覧賜れば幸いに存じます。

3. 報文等リスト

(1) この研究に直接関連するもの(10 編以内)

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(3) 過去5年間の本学会での活動状況

<学会役員(理事、評議員・参与等)、各種委員、支部役員、大会・支部会での座長・シンポジスト等>

理事、評議員

倫理審査委員会 委員長

利益相反(COI)委員会 委員長

本学会将来構想検討委員会委員

本学会誌 J Nutr Sci Vitaminol(JNSV), Editor, Co-editor-in-Chief

関東支部参与

関東支部第109回シンポジウム主宰

(4) 特記事項

主な受賞歴

2002年 長寿科学財団

研究奨励賞

2006年 成人血管病研究振興財団

井村臨床研究奨励賞

2010年 日本糖尿病学会

学会賞(リリー賞)

2012年 日本医師会

医学研究奨励賞

2019年 アジア糖尿病学会(AASD)

疫学研究賞

2023年 日本糖尿病合併症学会 Expert Investigator Award

本会以外の主な役職

日本内科学会信越支部長、日本内分泌学会幹事、日本糖尿病学会評議員、日本糖尿病妊娠学会副理事長、日本糖尿病合併症学会理事、日本糖尿病眼学会理事、日本疫学会理事、日本臨床栄養学会理事、日本臨床運動療法学会副理事長、日本糖尿病データマネジメント研究会(JDDM)理事、厚生労働省 薬事・食品衛生審議会部会長