The International Union of Nutritional Sciences (IUNS) has organized Nutrition Leadership Training programs in various regions after Capacity Building guidelines were developed by IUNS and United Nations University (UNU) in 1996. Following the previous IUNS workshop on Capacity and Leadership Development in Nutritional Sciences organized in 2010, the next regional Nutrition Leadership Training program will be held in Japan in March 2014.

The UN high-level meeting on non-communicable diseases (NCDs) held in 2011, where governmental representatives (e.g. former ministers), private institutions and the World Health Organization (WHO) assembled, declared NCD as one of the prioritized global health issues. Following this declaration, the specific goals to be achieved by the year 2025 were set, and each country has been working on the NCDs prevention and control strategy. Concurrently, WHO set the “Global Targets 2025: To improve maternal, infant and young child nutrition”, including “40% reduction in the number of children under-5 who are stunted” and “30% reduction in low birth weight”. As mentioned above, the coexistence of overnutrition leading to NCDs and undernutrition in the same country or community has become the most significant nutritional problem, so-called “double burden of malnutrition”.

The principal aim of the upcoming workshop is that the participants from Japan as well as other Asian countries will share their experiences and acquire the necessary knowledge and skills for leadership development toward the solution of the above global health and nutrition issues.

1) Local Organizing Committee

IUNS Committee of the Science Council of Japan
Japan Society of Nutrition and Food Science (JSNFS)
The Japanese Society of Nutrition and Dietetics (JSND)
The National Institute of Health and Nutrition, Japan (NIHN)

2) Date and Venue

Date: March 11 (Tue) 9:30am – March 13 (Thu) 5:00pm, 2014
Venue: National Institute of Health and Nutrition and a nearby facility for field trip

3) Theme:

Achieving the global nutrition and NCD targets by 2025 - Promotion of a healthy diet to combat the double burden of undernutrition, obesity and diet-related NCD

4) Main Contents:

- Lectures
  
  Active participation is expected in the interactive programs (e.g. country report presentation, group works).

- Field visit
  
  A nearby facility related to the focal issue of Workshop will be visited.

- The 6th Asian Network Symposium on Nutrition, hosted by NIHN (March 12, 2014; 13:30-17:30)
  
  All the participants are supposed to actively participate in the Symposium as observers.
5) Schedule of the workshop (tentative)

<table>
<thead>
<tr>
<th>Time</th>
<th>March 11 (Tue)</th>
<th>March 12 (Wed)</th>
<th>March 13 (Thurs)</th>
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<tbody>
<tr>
<td>a.m.</td>
<td>8:30-9:15 LECTURE (1)</td>
<td>9:15-10:45 GROUP WORK (2)</td>
<td>8:30-12:00 GROUP WORK (3)</td>
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<td></td>
<td>Research and Development of Food Products for healthy diet (JSNFS)</td>
<td>Discussion on strategy and perspective to combat the double burden of undernutrition, obesity and diet-related NCDs</td>
<td>Discussion on how to implement those strategies in terms of R&amp;D of food products, comprehensive educational program, and improvement of social environment, to combat the double burden of undernutrition, obesity and diet-related NCDs</td>
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<td>10:00-11:30 Keynote Lecture</td>
<td>10:45-11:15 Coffee break</td>
<td>(10:30-11:30 Observation tour of NIHN, 30 min for each of 2 groups)</td>
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<td></td>
<td>The double burden of undernutrition, obesity and diet-related NCDs: global situation and response</td>
<td>11:15-12:00 LECTURE (2)</td>
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<td></td>
<td></td>
<td>Comprehensive educational approach for healthy diet (JSND)</td>
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<td></td>
<td>12:00-13:00 Lunch break</td>
<td>Lunch break</td>
<td>Lunch break</td>
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<tr>
<td>p.m.</td>
<td>13:00-15:30 GROUP WORK (1)</td>
<td>13:30-17:30 The 6th Asian Network Symposium on Nutrition (NIHN)</td>
<td>13:00-14:30 GROUP WORK (4)</td>
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<td></td>
<td>(including country report)</td>
<td>Improvement of social environment for healthy diet</td>
<td>Discussion on policy coherence for addressing the nutrition challenges of the double burden of undernutrition, obesity and diet-related NCDs</td>
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<td>What’s a healthy diet?</td>
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<td>14:30-15:00 Coffee break</td>
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<td>For example,</td>
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<td>15:00-17:00 GROUP PRESENTATION and closing</td>
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<tr>
<td></td>
<td>- Nutritionally well-balanced meal</td>
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<td>- Energy-dense and nutrient poor foods and beverages</td>
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<td>- Salt reduction, etc.</td>
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<td>15:30-16:00 Coffee break</td>
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<tr>
<td>evening</td>
<td>16:00-16:30 Orientation of FIELD TRIP</td>
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<td>16:30- FIELD TRIP</td>
<td></td>
<td>17:00-19:00 Farewell party (optional)</td>
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</table>

6) Principal local organizing members

1. Representative, IUNS Committee of the Science Council of Japan
   Makoto Shimizu (Project Professor, Research Center for Food Safety, Graduate School of Agricultural and Life Sciences, The University of Tokyo)

2. IUNS Council Member
   Teruo Miyazawa (Professor, Laboratory of Food and Biodynamic Chemistry, Graduate School of Agricultural Science, Tohoku University)

3. Chair of the Organizing Committee
   Hisanori Kato (Project Professor, "Food for Life", Organization of Interdisciplinary Research Projects, The University of Tokyo)

4. Chair of the Executive board
   Yukari Takemi (Professor, Nutrition and Ecology, Department of Nutrition Sciences, Kagawa Nutrition University)

5. Chief of the Secretariat
   Nobuo Nishi (Chief, Center for International Collaboration and Partnership, National Institute of Health and Nutrition)

7) Expected number of participants and eligibility

About 30-35 participants (10-15 from Asian countries and 20 from Japan)

Eligibility criteria for application include;
- Working/research experience in the field of community nutrition and/or nutritional sciences
- Communication skills in English
- Highly motivated person with future leadership in the main theme of workshop

**Note:** All the participants are supposed to participate in the program for 3 days throughout.

8) Participation fee:

Participation fee is free of charge. For overseas participants, minimum travel expenses (air-fares and accommodation) during the IUNS workshop will be covered by the Local Organizing Committee.

9) Application

a. Application documents
- Application Form (Available from the NIHN website; [http://www0.nih.go.jp/eiken/english/index.html](http://www0.nih.go.jp/eiken/english/index.html))
- Letter of reference/recommendation (preferably, from the head of the applicant’s affiliation)

b. Deadline

Application will be accepted during the following period; **October 17 to November 30, 2013**

**Contact / Submission of the Application**
Miki Miyoshi (Secretariat for the IUNS Workshop)
Section of International Nutrition Research and Development, National Institute of Health and Nutrition
FAX: 81-3-5287-3404; E-mail: nihn-ccp@nih.go.jp