NOTE

MODE OF PAYMENT

For conference and pre-conference – Registration and accommodation

Kindly note that all payments should be made only through a Demand Draft or At

Par Cheques drawn in favour of "43rd National Conference of NSI", payable

at Hyderabad / Secunderabad in any Nationalized Bank to participate in the 43rd

National Conference of NSI and pre-conference workshops. Cheques and IPO

will not be accepted.

For membership of the Society

Membership fee DD / At Par Cheques should be drawn in favour of the "<u>Treasurer, Nutrition Society of India</u>", payable at Hyderabad / Secunderabad in any nationalized bank.

43rd NATIONAL CONFERENCE OF NUTRITION SOCIETY OF INDIA

11-12 November 2011 Pre-Conference Workshop on 10th November 2011 Venue: NATIONAL INSTITUTE OF NUTRITION, HYDERABAD

REGISTRATION FOR PRE-CONFERENCE WORKSHOP AND CONFERENCE

(Please tick ✓ appropriate box)

1.	Name (Prof. / Dr. / Mr. / M	s.):						
	(,-		(First	name)			(Last name)
2.	Status of membership	:	Student 🗆 / O	rdinary [] / Life □ / N	on-member 🗆]	
3.	SEX	:	Male □ / Fem	ale □				
4.	Designation	:						
5.	Organization	:						
6.	Postal Address	:						
							Pin Code	
			Phone No.:				Mobile	
			E-mail ID.:					
7.	Pre-conference workshop	on 10	0 th November 20	11:	Attendir	ng 🗆 /	Not attending □	
	If attending, select the					WORKSI	НОР І	
	workshop			Method	s of assessin		ne interactions (Fac	culty only)
				Metho	dology of nu	WORKSH strition assess	HOP II sment and body con	nposition
8.	Presenting paper	:	Oral □ / Poste	er □ / Aw	/ard □		,	
9.	Registration fee		Pre-conferen	ce (on 1	0 th Nov. 201	1)		
	regionalion	•	Workshop-I: (Registration v	Rs.1000/	/- \square and $oldsymbol{Wo}$	r kshop-II: Rs	s.500/- \square	
			Main confere	nce (on	11-12 Nov. 2	2011)		
			Rs.500-00 (St	udent me	embers) \Box /	Rs.600-00 (S	Student non-member	
			Rs.1000-00 (L (Add Rs.200/-				00-00 (Non-Member 30, 2011)	s) 🗆
10.	Accommodation Required	d :	Yes □	No □	[if yes, plea	ase attach acc	commodation form]	
				REM	ITTANCE DI	ETAILS		
	1		kshop Registrati	on :	Rs		<u> </u>	
	b) Conference Re	egistra	tion	:	Rs			
	c) Accommodation			:				
	d) Late fee (if any)		:	Rs			
			Total	:	Rs			
	Mode of Payment	:	D.D.No.:			Dt.:		
			Bank:			Brar	nch:	
	The amount should a payable at any Natio	be rer	nitted through d	emand d	raft drawn in Secunderaba	favour of " 43 d	rd National Confere	ence of NSI"
	payazio di dily Natio			and a / C		v.		
	Date:						Signature:	
	Enclosures: 1) Demai							
	2) Letter	from	HOD for studen	membe	ers 🗆			
				<u>M</u>	AILING ADDE	RESS		

The Joint Secretary, Nutrition Society of India, H/o National Institute of Nutrition (ICMR), Jamai-Osmania PO, Hyderabad - 500 007, Andhra Pradesh, INDIA, Ph.: Direct. 91-40-27002008, 27197269/353, EPABX. 27197000, Mobile. 09849665422, FAX. 27019074, Email. nsihyderabad@yahoo.com, Website. www.nutritionsocietyindia.org

43rd NATIONAL CONFERENCE OF NUTRITION SOCIETY OF INDIA

11-12 November 2011

Pre-Conference Workshop on 10th November 2011 Venue: NATIONAL INSTITUTE OF NUTRITION, HYDERABAD

ACCOMMODATION FORM (Please tick appropriate box)

1.	Name (Pro	f. / Dr. / Mr. / Ms	s.):	(First na	 me)		(Last name)		
2.	Status of m	nembership	: Student	□ / Ordinary □ /	Life □ / Non-me	ember □			
3.	SEX		: Male □	/ Female □					
4.	Designation		:						
5.	Organization	1	:						
6.	Postal Add	ress	:						
							e		
				No.:					
7.	Request fo	r Accommodation check-in) Type of	I	Budge		Star Hotel			
	acco.	Dormitary	Non-A/c	A/c	Executive	Deluxe			
		Charges per day	Rs.210/- per person	Rs.750/- (double occupancy)	Rs.1200/- (double occupancy)	Rs. 1600/- (double occupancy)	Rs.2100/- (double occupancy)		
		Tick (√) your preference							
	Reservation	n will be made o	only on receipt o	of the advance an	nount				
			If S	Sharing, give the	details				
8.	Remitted a	mount for accor	mmodation: Rs	3					
		Date:				Signature:			

Note: Send your travel details (i.e. mode of travel, date & time of arrival and departure) to nsihyderabad@yahoo.com

YOUNG SCIENTISTS' AWARDS

Criteria

- 1. **Senior Award**: The contestant should be below 45 years of age and be working in an organisation for a minimum period of 3 years. He/She should be the first author of the paper and should be the member of the society for at least 3 years or life member as on date of submission of the paper.
- 2. **Junior Award**: The contestant should be below 35 years of age. He/She should be the first author of the paper and should be the member of the society for at least one year or life member as on date of submission of the paper.
- 3. The author should indicate the category either Community Nutrition or Experimental Nutrition under which the paper should be considered for the award.
- 4. The work done should be original in content and directly or indirectly related to nutritional problems of national importance.
- 5. The research work of the paper presented must be the actual work undertaken by the main author. If later, it is known that the person did not do the work by himself/herself, stringent action will be taken by the Society that can include withdrawal of the award under public intimation.
- 6. He/She should obtain a certificate stating that "the paper submitted for consideration is an original research work of the first author" from the Head of the Institute or the Department where the applicant primarily carried out the work. The paper should not have already been published in any scientific journal. However, there will be no objection to the paper being published elsewhere after the presentation, provided it is acknowledged that the paper was presented at the National Conference of the Nutrition Society of India.
- 7. A member who has been awarded the prize against a particular Award previously, shall not be eligible for that Award for the second time, although such a member can be a co-author of a paper for the subsequent award.

- 8. No member can present more than one paper for the Award.
- 9. Co-author(s) need not necessarily be member(s) of the Society.
- 10. Entries received after the due date of 31st August 2011 will not be considered.
- 11. The papers submitted for the Awards will be screened and judged by a panel of three judges nominated by the Executive Committee of the Society for presentation at the conference.
- 12. After the evaluation, selected candidates will be intimated through e-mail for an **oral presentation of the paper at the Conference**. Ten minutes will be allotted for presentation (8 minutes for presentation and 2 minutes for discussion).
- 13. Identity of the authors or place of work should not be disclosed in the entire text of the paper. The first page bearing names and the last page with acknowledgements will be deleted by the Society's Secretariat and coding will be done before sending the papers to the panel of judges for evaluation.
- 14. A Certificate of Merit will be given in case the paper is not selected for an award after oral presentation
- 15. The decision of the panel of judges shall be final and binding on all concerned.

Guidelines for Submitting the Papers for Young Scientist's Award

- 1. The research paper should have clear and specific objectives and an appropriate plan of investigation.
- 2. The methods employed should be appropriate to fulfill the objectives.
- 3. The sample size employed should be adequate.
- 4. Appropriate statistical methods should be employed.

- 5. The results should be clearly presented in tables and figures.
- 6. Discussion should be centered around the findings.
- 7. The conclusion should be precise.
- 8. The candidate should clearly highlight the salient findings either as new findings in the approach to problems or in terms of adding to the existing knowledge in the field.
- 9. Four copies of full paper with the Abstract (250 words), indicating the name of the award for which it is submitted at the top of the paper, should be sent to the Joint Secretary, Nutrition Society of India, National Institute of Nutrition, Jamai-Osmania, Hyderabad 500 007, AP, India on or before 31st August 2011.
- 10. Abstract of the paper (please follow the guidelines for abstract) must be submitted in electronic format by email to nsihyderabad@yahoo.com as an attachment.
- 11. The paper should be written in a standard format consisting of introduction, materials and methods including sample size calculation, statistical methods, results, discussion, summary and bibliography. Maximum length of the paper should be between 12 and 15 pages of A4 size (including tables, figures and references) typed in double space. The number of references should be within the limit of 15-20.
- 12. The competitors should submit their brief bio-data which should include date of birth, age, qualifications, designation, place of work, address for correspondence including telephone nos., email-ID, number of papers submitted at Scientific Meetings and honors / awards received earlier, if any, along with a list of publications.
- 13. Please complete the check-list provided below and send along with the above documents.

43rd National Conference of NSI

Venue: National Institute of Nutrition, Hyderabad 10-12 November 2011

Check List For Delegates Submitting Papers For Senior / Junior Awards

[Tick (✓) opposite box if applicable and enclose with the paper]

	SENIOR AWAR	RD	JUNIOR AWA	RD		
Age	Below 45 years		Below 35 years			
Work experience	More than 3 years					
NSI membership	3 years ordinary or life member on date of submission		1 yr ordinary or life member on date of submission			
Authorship	First author		First author			
Category	Community Nutrition Or Experimental Nutrition		Community Nutrition Or Experimental Nutrition			
Original work in nutrition / allied subjects	Yes 🗌	No 🗌	Yes 🗌	No 🗌		
Paper already published	Yes 🗌	No 🗌	Yes 🗌	No 🗌		
Certification from Head of the Institute / dept.	Yes 🗌	No 🗌	Yes 🗌	No 🗌		
Received this award earlier	Yes 🗌	No 🗌	Yes 🗌	No 🗌		
Submitted four copies of full paper with abstract (as per guideline 11)	Yes 🗌	No 🗌	Yes 🗌	No 🗌		
Bio-data (as per guideline 12)	Yes 🗌	No 🗌	Yes 🗌	No 🗌		
The information provided above		Name:				
Date:	(Signature of delegate)					

FREE COMMUNICATION - ORAL AND POSTER SESSIONS

The Scientific Committee of the National Conference invites all interested individuals to submit abstracts for presentation in the free communication oral and poster sessions.

Criteria

- 1. The presenting author should be a member of the Society.
- 2. No member can submit more than two abstracts.
- 3. Along with the Abstract a **forwarding letter from the concerned Department / Institute** should be sent to Joint Secretary, Nutrition Society of India, National Institute of Nutrition, Jamai-Osmania, Hyderabad 500 007, AP, India.
- 4. Abstract of the paper (please follow the guidelines for abstract) must be submitted in electronic format by email to nsihyderabad@yahoo.com. Electronic format will be accepted only after receiving the hard copy.
- 5. Preference for presentation in oral / poster session should be indicated. However, depending on the **suitability** and **availability of time**, the Scientific Committee will make the final decision.
- 6. The decision of the Scientific Committee shall be final and binding on all the matter concerned.

GUIDELINES FOR ABSTRACT PREPARATION

- 1. Abstract should be written in English.
- 2. Title of the abstract should be centered over the main body in UPPER CASE using Arial 12 point font **bold** letters. Abbreviations must not be used in the title.
- 3. Author names should be in **12-point font** with <u>italic & underline</u> for the presenting author along with their full address **including email-ID**. Authors from different institutions should be identified by superscript numeral indices at the end of that author's name. No title [Prof., Dr., etc.] or qualification [Ph.D, MD, etc] should be added.
- 4. Body of the text
 - i) Commence 2 lines below the last affiliation
 - ii) Less than 250 words
 - iii) Typed in 12-point Arial font using single space.
 - iv) Do not indent the title and each paragraph
 - v) Abbreviation must be defined by placing them in [parentheses] after the full word the first time they appear. Use numerals to indicate numbers except when beginning sentences.
- 5. Layout of a model abstract is given below:

DEVELOPMENT OF A VALID AND RELIABLE QUESTIONNAIRE FOR TESTING KNOWLEDGE ON MICRONUTRIENTS AMONG ADOLESCENT STUDENTS.

<u>Little Flower Augustine</u>¹, Shahnaz Vazir², Sylvia Fernandez Rao², Vishnu Vardhana Rao³, P. Ravinder¹ and K. Madhavan Nair¹. ¹Division of Micronutrient Research, ²Behavioral Sciences Unit, ³Division of Biostatistics, National Institute of Nutrition, Indian Council of Medical Research, Hyderabad, India. Email: lf1707@gmail.com

Existing questionnaires on nutritional knowledge in India have serious limitations of not being validated using appropriate statistical techniques, questioning its ability to ensure a true measure of knowledge. The objectives of the present study were therefore, to design a validated knowledge questionnaire on micronutrients for adolescents and to use the tool to assess knowledge in a group of adolescent boys (16-18y) for the study on 'Stress, allostatic load and micronutrient status among students; impact of dietary advice'. From a larger item pool, 31 items were selected after content analysis and pre-tested (n=94). Statistical measures like item difficulty, item validity (point bi-serial r=0.10-0.62) and reliability (Cronbach's α=0.71) resulted in 18 item questionnaire. This was administered to a subsample of students (n=110) from a total of 405 students from five different Government schools belonging to 3 different regions of Greater Hyderabad. The results were compared against indicators of micronutrient status (a tocopherol, retinol, ascorbic acid, folic acid, vitamin B₁₂ and iron). The students exhibited a low mean score of 5.2±2.68. The mean values of serum retinol (P=0.022) were significantly different between groups below and above 50th percentile of knowledge scores. Other micronutrients did not show any difference. Knowledge was found to be a significant predictor of serum retinol status on ANCOVA considering standard of living index as a co-variate (P<0.018). The valid and reliable questionnaire was able to discriminate adolescents based on indicators of micronutrient status (serum retinol) and thus a useful tool for intervention studies on nutrition advice involving micronutrients.

GUIDELINES FOR POSTER PREPARATION

- 1. The poster should be prepared in English.
- 2. The poster should be self-explanatory to enable comprehension by the visitors even in the absence of the authors.
- 3. Use of photographs, diagrams and tables will improve the quality of the poster.
- 4. Title should be brief, informative and readable.
- 5. For a poster to be effective, the text should be kept to a minimum be clear and concise.
- 6. Use bold font to enhance legibility.
- 7. Lettering used for the heading should be at least 2.5cm high and that of text at least 1.0cm but preferably larger.
- 8. Poster presenters are responsible for mounting and removing their posters on the designated poster board.
- 9. Materials for putting the posters on poster board will be provided by the Secretariat.
- 10. The Poster Board will be of 100cm x 100cm size.

ANNOUNCEMENT

ELECTION OF OFFICE BEARERS/EXECUTIVE COMMITTEE OF NUTRITION SOCIETY OF INDIA FOR THE YEAR APRIL 2012 - MARCH 2014

The elections of the Office Bearers as well as the Executive Committee of the Nutrition Society of India for the term April 2012 to March 2014 are scheduled to be conducted at the next Annual General Body Meeting of the Society scheduled for 11th November 2011 during forthcoming Annual National Conference of the Society.

The nominations for the following posts are invited from the eligible members so as to reach the Joint Secretary, Nutrition Society of India, National Institute of Nutrition, Jamai-Osmania PO, Hyderabad-500 007, on or before 10th August 2011:

President - One post

Vice-President - Two Posts

(of which one should be from the Headquarters)

Secretary - One Post
Joint Secretary - One Post
Treasurer - One Post
Executive Committee Members - 13 Posts

The nominations should include the written consent of the nominee.

The election criteria as per the Bye-Laws of the Society is given below:

- ➤ The last date for receiving nominations shall be 3 months before the General Body is scheduled to conduct elections. The last date for withdrawal of nominations shall be 2 months before the General Body is scheduled to conduct elections.
- The nomination forms bearing the name of the nominee and the post being nominated for, duly proposed and seconded by eligible members of the Society along with the consent letter of the nominee indicating his/her willingness to accept the office, if elected, shall be received by the Secretary.
- Any ordinary or life member of the Society is eligible to contest for the election, to propose or second a nomination. However, for being nominated as well as to propose/second, the member should have been on the rolls of the Society at least for **three years** prior to the year of election and should have no arrears of subscription including that for the current year.
- No member of the Society is eligible to file nomination for more than one post in the Executive Committee or to propose or to second more than one nominee for the same post.]
- > Scrutiny of the nominations shall be done by the Secretary in consultation with the Executive Committee.

The proforma of the nomination form is attached.

NUTRITION SOCIETY OF INDIA

(Regd.No. 125 of 1966) National Institute of Nutrition Jamai-Osmania PO, Hyderabad-500 604, India

ELECTION TO THE EXECUTIVE COMMITTEE

Last date for <u>submission</u> of nomination: <u>10th August 2011</u> Last date for <u>withdrawal</u> of nomination: <u>10th September 2011</u>

NOMINATION FORM

We propose	Dr./Mr./Mrs./Miss				 	
to the post of					 	
Proposed by:	Signature	:				
	Name	:			 	
	Address	:			 	
Seconded by:	Signature					
occorraca by.	Name					
	Address	•				
	Address	•				
•	communicate my		'	-		•
mentioned memb	ers.					
	Signature	:				
	Name	:			 	
Date:	Address	:			 	
	(1	For of	fficial use)			

Remarks: Nomination Accepted / Rejected.

Date: Signature of the concerned authority