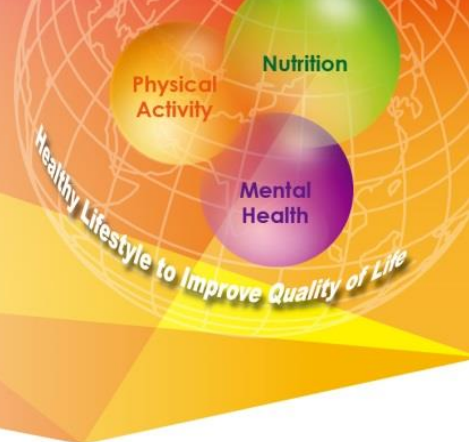


Conference Information

International Conference on Nutrition and Physical Activity 2015 (NAPA2015)

Date	October 21-24, 2015	
Country	Taipei, Taiwan	
Venue	GIS NTU Convention Center B1F., No.85, Sec. 4, Roosevelt Rd., Da'an Dist., Taipei City 106 , Taiwan	
Language	English	
Theme	Healthy Lifestyle to Improve Quality of Life	
Website	http://www.napa2015.org.tw	
Organizer	Taiwan Association for Food Protection(TAFP) Taiwan Society for Sports Nutrition(TSSN)	
Co-Organizers	Taiwan Agricultural Research Institute, Council of Agriculture, Executive Yuan; Taiwan Food Industry Development Association; National Center for Food Safety Education and Research; National Taiwan University. Center for Food and Biomolecules; Institute of Food Science and Technology, National Taiwan University; Taiwan Association for Food Science and Technology; Health Food Society of Taiwan; Agricultural Chemical Society of Taiwan; Nutrition Society of Taiwan; International Life Sciences Institute; Taiwan Dietitian Association; Taiwanese Society of Biological Psychiatry and Neuropsychopharmacology; Taiwan Association Against Depression; Taiwanese Society of Psychiatry; Health & Exercise Association R.O.C; Chinese Fitness Council; Taiwan Society of Exercise Physiology & Fitness; Society for Sport and Exercise Psychology of Taiwan; Taiwan Sports Coach Association; NTU Health Science & Wellness Center; Association of Chain and Franchise Promotion, Taiwan.; Chinese Taipei Association for the Study of Obesity; Straits Academic and Cultural Exchange Association Study Association of Health Food; Importers and Exporters Association of Taipei; Department of Health Promotion and Health Education, National Taiwan Normal University; Nutrition Foundation of Taiwan.	
Program	Lecture Speeches, Posters, Exhibitions	
Participants	Local Government, Specialists in food and Nutrition, Physical Activities Treatment, Phycologist	
Speakers/ Countries	Speakers : 32 Countries : 22	



Conference Theme & Topics

Theme: Healthy Lifestyle to Improve Quality of Life

Area 1: Nutrition

- Nutrition and Obesity
- Nutrition and Cancer
- Nutrition and Aging
- Nutrition and Mental Health
- Preventive Medicine and Health Food

Area 2: Physical Activity

- Taichi and Health
- Aerobic Exercise and Healthcare
- Weight Training Exercise and Health
- Physical Performance and Nutrition

Area 3: Mental Health

- Mental Health and Diet
- Mental Health and Meditation
- Mental Health and Pressure
- Prevention of Mental Disorders
- Mental Status and Physical Performance



Preliminary Program Agenda

Time	Wednesday 21 October 2015
14:00	Registration
18:00	Welcome Reception
Time	Thursday 22 October 2015
09:00-09:30	Opening Ceremony
09:30-10:20	Session I Nutrition: Immunity, Cancer, Aging Dr. Edwin L. Cooper (USA) Prevention of Mental Health Problems in the Elderly Dr. Janna Glozman (Russia) To Be Determined Dr. Anna Walczewska (Poland)
10:20-10:40	Coffee Break
10:40-12:20	Session II Problems of Mental Health of Abandoned Children Dr. Liudmila Obukhova (Russia) To Be Determined Dr. Yong Sang Song (South Korea) Lipids, Lipoproteins, and Exercise: What's Old, What's New, and What to Do? Dr. Larry Durstine (USA) Targeting mitochondria for preventing and treating metabolic syndrome with natural compounds from food and nutrition Dr. Jiankang Liu (USA)
12:20-13:30	Lunch
13:30-14:30	Poster Viewing



Preliminary Program Agenda

Time	Thursday 22 October 2015
14:30-15:45	<p>Session III</p> <p>Nutritional Modulation of Redox and Inflammatory Signaling Dr. Young-Joon Surh (Korea)</p> <p>Physical Activity and Healthcare: Capturing the Potential or Creating a Problem Dr. Ian Culpan (New Zealand)</p> <p>Brain Breaks: Connection of Cognitive Learning and Physical Activity for Children in the Classroom Dr. Ming-Kai Chin (USA)</p>
15:45-16:15	Coffee Break
16:15-17:30	<p>Session IV</p> <p>Today's, life and needs in elderly people status Dr. Liana Monica Deac (Romania)</p> <p>Exercise and metabolic disease Dr. Naruemon Leelayuwat (Thailand)</p> <p>Health requirements in the Intensive Care Units for the Mental Health Prevention and Quality of Life Promotion: A point of View from Hospital Pedagogy Dr. Veronica Violant (Spain)</p>
Time	Friday 23 October 2015
09:00-10:15	<p>Session V</p> <p>Bioactive Eicosanoids in Inflammation and Breast Cancer Dr. Samar Basu (Sweden)</p> <p>Youth Resistance Training: Are There Any Health Benefits? Dr. Dario Novak (Croatia)</p> <p>Natural Remedies for Mental Health Dr. David Mischoulon (USA)</p>
10:15-10:40	Coffee Break



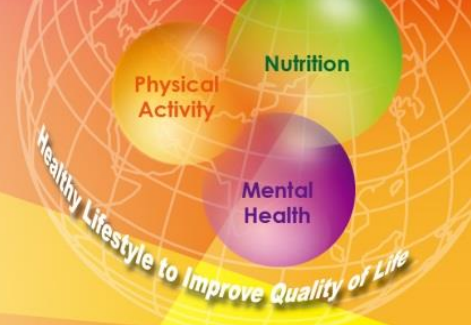
Preliminary Program Agenda

Time	Friday 23 October 2015
10:40-12:20	<p>Session VI</p> <p>Energy expenditures during exercise in pregnant women during three trimesters Dr. Rungchai Chaunchaiyakul (Thailand)</p> <p>Crosstalk between cell death modalities as a pharmacological target Dr. Marc Diederich (Korea)</p> <p>New Developments of Anti-inflammatory Drugs in the Treatment of Neurodegenerative Diseases Dr. Cai Song (Canada)</p> <p>Exercise-induced Mitochondrial homeostasis relates Myokine (IL-6) Biological Effects in Muscle Dr. Yong Zhang (China)</p>
12:20-13:30	Lunch
13:30-14:30	Poster Viewing
14:30-15:45	<p>Session VII</p> <p>Exercise-induced mitophagy in mitochondrial adaptation and benefits to health Dr. Yan Zhen(USA)</p> <p>Efficacy of Tai Chi training to alleviate insomnia in older adults Dr. Parco Siu (Hong Kong)</p> <p>Personalize medicine with omega-3 fatty acids for depression Dr. Kuan-Pin Su (Taiwan)</p>
15:45-16:15	Coffee Break
16:15-17:30	<p>Session VIII</p> <p>Instability Resistance Training for Health and Performance Dr. Erika Zemkova (Slovakia)</p> <p>To Be Determined Dr. Ole Vang (Denmark)</p> <p>Cutting edge evidence of omega-3 fatty acids for posttraumatic stress disorder Dr. Yutaka Matsuoka (Japan)</p>
18:30	Gala Dinner



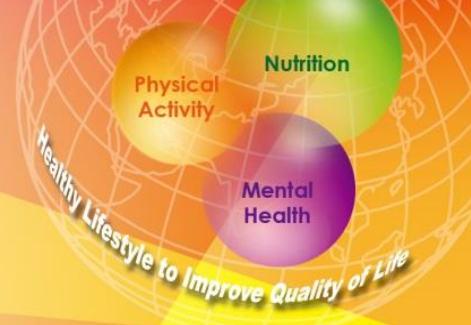
Preliminary Program Agenda

Time	Saturday 24 October 2015
09:00-10:15	Session IX Applied Body Composition in Physical Activity and Sport Dr. Hans De Ridder (South Africa) Chemopreventive Effects of Curcumin on Gastric Carcinogenesis Dr. Hye-Kyung Na (Korea) The Powers of Dance Movement Therapy Dr. Sharon Phelan (Ireland)
10:15-10:45	Coffee Break
10:45-12:00	Session X The Hospital Education with Students in Mental Health Disorders Dr. Sylvia Riquelme Acuna (Chile) The Potential Usage of Bee Product for Reducing the Adverse Effects Induced by High Intensity Exercise on Bone and Reproductive Hormones Dr. Foong Kiew Ooi (Malaysia) NUTRITION or CANCER Dr. Giuseppe Valacchi (Italy)
12:00-12:30	Closing Ceremony
12:30-13:30	Lunch
14:30-17:30	Field Trip



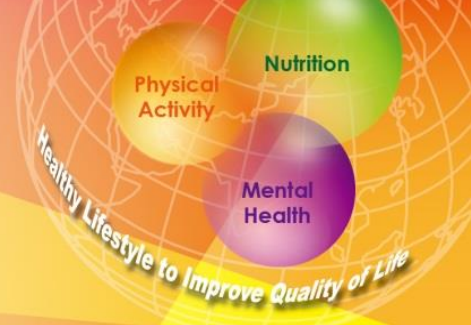
Invited Speakers

No.	Photo	Name	Country	Degree/Position/Organization
1		Edwin L. Cooper	USA	Ph.D. Distinguished Professor Professor Laboratory of Comparative Immunology David Geffen School of Medicine Department of Neurobiology at University of California Los Angeles
2		Janna Glozman	Russia	Ph.D., D.Sc., Professor, Emerite Scientist Psychology Department, Moscow State University Scientific Director, Moscow Research Center of Developmental Neuropsychology
3		Anna Walczewska	Poland	MD. Ph.D Professor Head of Department The Cell-to-Cell Department
4		Liudmila Obukhova	Russia	Ph.D., D.Sc Professor Head, Department of Developmental Psychology Moscow State University of Psychology and Education
5		Yong Sang Song	Korea	M.D., Ph.D. Professor and Chair Department of Obstetrics and Gynecology, College of Medicine, Seoul National University South Korea
6		Larry Durstine	USA	Ph.D. Editorial Board for the Journal of Sport and Health Science Past-President, American College of Sports Medicine (ACSM) Distinguished Professor Department of Exercise Science University of South Carolina
7		Jiankang Liu	USA	Ph. D. Professor and Dean Center for Mitochondrial Biology and Medicine, School of Life Science and Technology, and Frontier Institute of Life Science, Frontier Institute of Science and Technology, Xi'an Jiaotong University, Xi'an 710049, China and School of Pharmacy, University of Southern California, Los Angeles, CA,
8		Young-Joon Surh	Korea	Ph.D. Director and Professor Tumor Microenvironment Global Core Research Center Seoul National University
9		Ian Culpan	New Zealand	Ph.D. Director of the New Zealand Centre for Olympic Studies Trustee of the International Alpha Upsilon Chi President Oceania Region Federation Internationale d'Education Physique (FIEP) School of Sport and Physical Education University of Canterbury




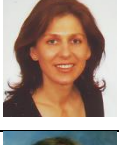







Invited Speakers

No.	Photo	Name	Country	Degree/Position/Organization
10		Ming Kai Chin	USA	Ph.D. Former President, Asian Council of Exercise & Sports Science (ACCESS) Vice President, Global Affairs & Research HOPSports, Inc.
11		Liana Monica Deac	Romania	M.D., Ph.D. Professor /Senior Epidemiologist and Researcher Public Health Institute Cluj/ Ro Epidemiology Department Babes Bolyai University, Cluj Biology Faculty
12		Naruemon Leelayuwat	Thailand	Ph.D. Associate Professor Director of Exercise and Sport Sciences Program, Head of Exercise, Sport and Nutrition Sciences Research Group, Khon Kaen University Department of Physiology, Faculty of Medicine, Khon Kaen University
13		Veronica Violant Holz	Spain	Ph.D. Professor Department of Didactic and Educational Organization Faculty, Education University of Barcelona
14		Samar Basu	Sweden	Ph.D. Professor and Senior Scientist Chaire d'Excellence, Professor of Biochemistry and Inflammation Department of Biochemistry, Molecular Biology and Nutrition, Universite d'Auvergne, Clermont-Ferrand, France, and Faculty of Medicine, Uppsala University
15		Dario Novak	Croatia	Ph.D. Secretary General, FIEP (Europe) Faculty of Kinesiology University of Zagreb
16		David Mischoulon	USA	M.D., Ph.D. Associate Professor of Psychiatry Director of Research, Depression Clinical and Research Program Department of Psychiatry, Massachusetts General Hospital, Harvard Medical School
17		Rungchai Chaunchaiyakul	Thailand	Ph.D. Deputy Dean, Research, Academic Services College of Sports Science and Technology Mahidol University
18		Marc Diederich	Korea	Ph.D. Associate Professor College of Pharmacy Seoul National University
19		Cai Song	Canada	Ph.D. Professor Institute for Marine Drugs and Nutrition, Guangdong Ocean University, CHINA Graduate Institute of Neural and Cognitive Sciences, China Medical University, TAIWAN






Invited Speakers

No.	Photo	Name	Country	Degree/Position/Organization
20		Yong Zhang	China	Ph.D. Director, Vice-President Tianjin Key Lab of Exercise Physiology and Sports Medicine, Tianjin University of Sport, Tianjin China
21		Yan Zhen	USA	Ph.D. Associate Professor of Medicine Director, Center for Skeletal Muscle Research at the Robert M. Berne Cardiovascular Research Center University of Virginia School of Medicine/Medicine
22		Parco Siu	Hong Kong	Ph.D. Associate Professor Department of Health Technology and Informatics, Faculty of Health and Social Sciences, The Hong Kong Polytechnic University
23		Kuan-Pin Su	Taiwan	M.D., Ph.D. Professor of Psychiatry & Neural and Cognitive Sciences Director of Mind-Body Interface Laboratory (MBI-Lab) China Medical University & Hospital TAIWAN Honorary Faculty of Institute of Psychiatry-King's College London UK
24		Erika Zemkova	Slovakia	Ph.D. Hamar Diagnostic Center Faculty of Physical Education and Sports Comenius University
25		Ole Vang	Denmark	Ph.D. Associate Professor Department of Science, Systems and Models Roskilde University
26		Yutaka Matsuoka	Japan	M.D., Ph.D. Director of the Department of Clinical Epidemiology Translational Medical Center National Center of Neurology & Psychiatry
27		Hans De Ridder	South Africa	Ph.D. Past President, ISAK President, GoFPEP 2014 Director, School of Biokinetics, Recreation and Sport Science North-West University-Potchefstroom
28		Hye-Kyung Na	Korea	Ph.D. Assistant Professor Department of Food & Nutrition, Sunghsin Women's University
29		Sharon Phelan	Ireland	Ph.D. Lecturer in Dance Department of Social Sciences Institute of Technology



Invited Speakers

No.	Photo	Name	Country	Degree/Position/Organization
30		Sylvia Riquelme Acuna	Chile	Ph.D. President Educational Foundation Carolina Labra Riquelme The University of Santiago
31		Ooi Foong Kiew	Malaysia	Ph.D. Lecturer Sport Science Unit, School of Medical Sciences, Universiti Sains Malaysia, Kubang Kerian, Kelantan,
32		Gluseppe Valacchi	Italy	Ph.D. Associate Professor in Physiology Life Sciences and Biotechnology